



Coming Up in Lent

Ash Wednesday: Wednesday February 26 at 10:30 a.m. and 7:30 p.m. following the *Book of Common Prayer*.

Ecumenical Lent Services and soup lunches: 4 Wednesdays in Lent at the Community Presbyterian Church at noon – dates TBD

Lent Bible Study (led by Rev Jonathon):

- Tuesday evenings, March 3 - April 7 at 7:30 p.m.
- Wednesday mornings, March 4 - April 8 at 10:00 a.m.

World day of Prayer: Friday, March 6 – details TBD

Maunder Thursday: April 9 evening service – time TBD

Good Friday: April 10 at 10:30 a.m., followed by the ecumenical Walk of the Cross at noon.



Lucy Poap's 90th Birthday!

PARTY! February 15, 1-4 pm at the Almonte Civitan Hall

The family has invited St Paul's congregation to a party for Lucy.

Light refreshments will be served – Best wishes only, please.

All are welcome, so please spread the word!

The beautiful invitation is posted at the back of the church.

Bishop John's Retirement Party

Saturday March 28, Great Hall at Christchurch Cathedral. 1-4 p.m.

Welcome to

St. Paul's Anglican Church, Almonte

www.stpaulsalmonte.ca

e-mail: office@stpaulsalmonte.ca phone: 613 256-1771

The Rev. Jonathon Kouri

rector@stpaulsalmonte.ca

Rector's Warden: Wendy Shaw

People's Warden: Bob Bassett

A full list of contacts for St Paul's can be found at the back of the church.



Epiphany 5

February 9 2020

8:30 a.m. Service

Greeters: Barbara Blair

Reader: Jim Blair

10:30 a.m. Service

Greeters: Roger Menard and Karen Luyendyk

Server/Chalice: Bob Bassett

Readers: Karen Luyendyk and Rodney Senior

Prayers: Michael Mavis

Music Director: Wendy Shaw

Organist: John Black

Accompanists: Dan Berg, Dave Newlands, Doris Wionzek

We ask that you please refrain from wearing perfumes or colognes

We gather today on the traditional and unceded territory of the Algonquin Anishnabe Nation. May we dwell on this land with respect and peace.

ANNOUNCEMENTS

Readings for today

Isaiah 58:1-9a ~ Psalm 112:1-9 ~ 1 Corinthians 2:1-12 ~ Matthew 5:13-20

Collect for the Day

Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

8:30 a.m. Holy Communion

According to the *Book of Common Prayer* (BCP), beginning on p.67.

10:30 a.m. Holy Eucharist

According to the *Book of Alternative Services* with Eucharistic Prayer 2.

The words of the liturgy, the songs and hymns are projected on the screen at the front of the church.

Readings for Next Week

Deut. 30:15-20 ~ Psalm 119:1-8 ~ 1 Corinthians 3:1-9 ~ Matthew 5:21-37

THIS COMING WEEK AT ST PAUL'S

Tuesday	8:30 a.m.	Contemplative Meditation
	9:30 a.m.	Feldenkrais movement
	1:00 p.m.	Contemplative Arts
	2:00 p.m.	Food Cupboard
	7:00 p.m.	Creative Aging
Wednesday	1:00 p.m.	Contemplative Creative Writing
	3:30 p.m.	Feldenkrais movement
	7:30 p.m.	Be Still My Soul
Thursday	9:00 a.m.	Repurposing Textiles
	1:00 p.m.	Photoshop workshop
	4:15 p.m.	Music Team Practice
Friday	10:30 a.m.	Yoga
	1:00 p.m.	Contemplative Photography
Sunday	8:30 a.m.	Holy Communion – *BCP (spoken)
	10:30 a.m.	Holy Eucharist – *BAS (with music)

*BCP=Book of Common Prayer BAS = Book of Alternate Services
BSS = Supplement to the BAS



Rev. Jonathon will hold OFFICE HOURS beginning on Wednesday February 12 from 1:30 to 4:30 p.m. every week. Drop in, or call Jonathon (613-875-9370) to make an appointment!

ANNUAL VESTRY MEETING: Sunday, March 8, following the 10:30 a.m. service. Please have **REPORTS** into the office (in electronic – MS Word format), **BY FEBRUARY 19, 2020. Thank you!**



BE STILL My SOUL.

Come and find the quiet centre.
Candle light, music, reflection, silence.
Wednesday February 12 at 7:30 p.m.
All are welcome!

Tax Receipts. Tax receipts will be issued in February. If your home address, telephone number, or email account has changed over the past year please notify Sara Cardona, our Envelope Secretary, either via email: envelopesecretary@stpaulsalmonte.ca or write down any changes on a piece of paper with your envelope number and drop it off in a sealed envelope in the box at the back of the church. Thank you!



Shrove Tuesday Pancake Supper (February 25th) 4:30 to 6:30 p.m.

Pancakes (gluten-free too), Sausages, Baked Beans, Maple Syrup and Tea, Coffee or Milk
Adults - \$5.00 / Plate
Children under 10 – Free

R3 meeting today- BYO bag lunch at noon; meeting begins at 12:30 Speakers: **JP Melville and Jim Galloway.** Topic: Abbeyfied Canada, an exciting model for senior residential living.



St. Paul's PRAYER CALENDAR. The Prayer Calendar for February is available on line (accessible on the St Paul's home page under **Church Life-Prayer Resources**) and on paper at the back of the church. Please only take a paper copy if you do not have access to the internet. Thanks!

Looking for an interesting read? *The Anglican Church of Canada Gone By 2040? RUBBISH!*, by Most Reverend Melissa Skelton, Diocese of New Westminster. A rebuttal to a recent news item: <https://www.vancouver.anglican.ca/blog/the-anglican-church-of-canada-gone-by-2040-rubbish/>. Or check it out in your printed copy of the *Anglican Journal*