

Winter Service Schedule

<i>Date</i>	<i>Service time</i>	<i>Service Type</i>		
Feb 4	8:30 am	BCP	Epiphany 5	A slightly more contemporary feel
	10:30 am	IONA		
Feb 11	8:30 am	BCP	Transfiguration	A slightly more traditional feel
	10:30 am	BAS p. 185		
	7:00 pm	Prayer & Praise		
Feb 18	8:30 am	BCP	Lent 1	A slightly contemporary feel
	10:30 am	BSS		
Feb 25	8:30 am	BCP	Lent 2	A slightly more traditional feel
	10:30 am	BAS p. 185		

BCP: Book of Common Prayer; BAS: Book of Alternative Services; BSS: Supplementary Services

Please join us today for a potluck directly after the 1030 service – there is always plenty of lunch, and we welcome the opportunity to further the conversation, listening to your thoughts and concerns while trying to answer your questions.

ANNOUNCEMENTS

THIS WEEK AT ST PAUL'S

Tuesday	8:30 am	Centering Prayer
	10:00 am	Coffee Hour
	12:30 pm	Christian Meditation
	1:00 pm	Contemplative Painting & Drawing
	2:00 pm	Food Cupboard
	6:45 pm	Prayer – Does it Make a Difference
Wednesday	1:30 pm	Contemplative Writing Circle
Thursday	1:00 pm	Contemplative Mixed Media
	6:30 pm	Music practice
Friday	9:30 am	Hatha Yoga
	1:00 pm	Contemplative Photography Circle
Sunday	8:30 & 10:30 am	Sunday services

Gentle Reminder!



Shrove Tuesday Pancake Supper: Feb 13 at 4:30 pm

Ash Wednesday: February 14 at 11 am at St. Paul's, with an in-house soup lunch to follow.

Ecumenical Lenten Service Lunches:

Begin at noon on Wednesday, February 21 at Almonte United.

World Day of Prayer: Friday, March 2 at 2 pm at St.

Paul's. This year's country is the Republic of Suriname (northeastern part of South America). The theme is All God's Creation is Very Good.

VESTRY 2018: Sunday, March 4 at 11:45 am. Please have your reports into the office "before" Wednesday, February 21st.

IN OUR PARISH

PRAYER – DOES IT MAKE ANY DIFFERENCE? This book discussion group resumes **Tuesday, Jan 30** at 6:45 in the Parish Hall. For those wishing to prepare, we will be discussing Chapter 12 & 13.

SHROVE TUESDAY: We are looking for volunteers to cook pancakes and serve. We are also looking for some homemade baked beans. Sign- Tuesday up sheets are at the back of the church.

ASH WEDNESDAY: February 14 at 11 am at St. Paul's, with an in-house soup lunch to follow.

The Mississippi Mills ALL MY RELATIONS working group has developed a 2018 Speaker and Talking Circle series. This is made possible in part through the support of our partnerships with St Paul's Anglican, Almonte United, and Almonte Presbyterian churches, and Plenty Canada, Lanark.

Happening at Almonte United Church hall:
Feb 24, 10:00 to 12:00, Bear (Theresa) Fox, Akwesasne, Mohawk singer and story teller. 10:00 to 11:20 Kids and family time song and story time including a snack! 11:20 to 12:00 Discussion re: preserving the traditional language
April 14 10:00 to 4:00 TBA / May 26 10:00 to 12:00 TBA

➤ Happening at St Paul's Anglican Church hall:
Talking Circles, Saturdays 10:00 to 12:00, on March 10, April 28, June 9; Under the umbrella of Spirits of the Rainbow, Christina Bendevis and her husband Ross Saunders provide a comfortable introduction to cross-cultural awareness and the experience of Native Spirituality. An opportunity to listen, reflect and share.

THE WIDER CHURCH

Saturday, January 27th. SchoolBOX Classroom Build in honor of Fr. Rick Marples at **10:30** in Rutter Hall at St. Paul's Kanata. Trip planning, payment schedules etc. will be discussed. If you cannot attend this meeting, but are **seriously interested** in joining us August 16-25 – please call Lorna Brule [613-836-1001](tel:613-836-1001).

Choosing a high school? Learn how Redeemer Christian High School, 82 Colonnade Road N, Ottawa can provide your teen with a solid foundation. Come to our Open House on Thursday, February 8th at 7 p.m. For more information visit rchs.on.ca or call Cathy at [\(613\) 723-9262](tel:613-723-9262).

Lenten Retreat on February 17th: Join the Parish of Mississippi Lake for a day of Contemplative Prayer, Christian Yoga, Anglican Rosaries, and more. The retreat will be held at St James Carleton Place on February 17th from 10:00-2:00, with doors opening at 9:30. Tickets are \$15 and include lunch. They are available for purchase at St James' church office ([613-257-3178](tel:613-257-3178)).

Mark Your Calendars: 53rd Annual National Prayer Breakfast – May 7-8, 2018 (Leadership Dinner Monday May 7, 6 pm, National Prayer Breakfast Tuesday May 8, 7:30 am)
The National Prayer Breakfast is an annual Christian event offered under the auspices of the Speaker of the Senate on behalf of the Parliamentary Prayer Breakfast Group. Organized by a group of dedicated volunteers led by the Chair's office, the event allows our elected public officials to gather together with men and women from different backgrounds to pray and connect through our shared faith in Christ. See poster at church entrance for further information.